



HEALTH DEPARTMENT
GOVERNMENT OF SINDH



SINDH
INTEGRATED EMERGENCY
& HEALTH SERVICES

THE
QUARTERLY DISPATCH
BY SIEHS

THE ANATOMY OF RESILIENCE



JUL-SEP 2025 | INAUGURAL EDITION

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EDITOR'S NOTE

Every quarter leaves a line on the map—calls answered, roads crossed, and one life steadying another. This is our first dispatch from that line.

We opened on a stage at the Healthcare Expo—not for applause, but for accountability. Systems, fleet, Command & Control, training: we showed how the pieces lock and move as one.

On Independence Day, we saluted the quiet flag-bearers of this work—pilots, paramedics, dispatchers—people who trade sleep for someone else's chance.

Then the skies broke. Karachi's rains blurred the city, but not our cadence. Headsets stayed live, routes redrew in real time, wheels kept finding waterlogged inches that led to doors and doorsteps.

As the Sindh floods rose, we shifted from readiness to relief. Evacuations, stabilizations, transfers, supply runs—leadership shoulder-to-shoulder with field, and the chain of care unbroken.

Through Ashura, Chehlum, and the Bhit Shah Mela, we watched the crowd and the margins, the quiet perimeter where safety lives—from Karachi to Kashmore.

This newsletter will keep that promise: people first, evidence close, improvements in motion. You'll find field stories that hold a name, and numbers that mean something, and a clear view of what we're fixing before the next call.

We exist so a frightened voice is never alone. Thank you for reading—and for expecting more from us each quarter.

Kamran Zulfikar

General Manager - Communications
& Chief Editor, The Quarterly Dispatch
Sindh Integrated Emergency & Health Services (SIEHS)

A MESSAGE FROM THE CEO



SIEHS family, partners, and friends—when someone dials 1122 or 1123, they are not calling an entity; they are asking for a promise kept. This inaugural edition of our newsletter—The Quarterly Dispatch—exists to show, with clarity and humility, what it takes to keep that promise, every minute, every hour, in every district across Sindh.

This is how we lead. We measure ourselves by minutes saved, care delivered, and trust earned. Our people are the pillars, and we invest first in people—because skill, judgment, and composure are the real infrastructure of emergency care—and we keep widening the path for women to serve across command and frontline roles. We run tighter systems—Command & Control that anticipates, fleets that don't fail, and maintenance that is discipline, not paperwork—so reliability is a design choice, not a lucky outcome.

In this newsletter, you see three things, quarter after quarter: the human story at the point of need; the initiatives we take; and how we evolve each day—scaling without noise.

To every colleague who carries the night shift and the hard shift—thank you for turning training into calm action. To our partners, donors, the media, hospitals, and the Health Department, Government of Sindh—thank you for standing with us in the work, not just the words. And to the people of Sindh—our commitment stands: timely, patient-centric care, free of cost and delivered with respect, 24/7 across the province, without regard to caste, creed, colour, or belief.

Hold us to this standard. Share your feedback, and join the work. Quiet competence, visible results—that is the path we take.

BRIG. TARIQUE QUADIR LAKHIAR (R)

Chief Executive Officer
Sindh Integrated Emergency & Health Services (SIEHS)

ON TWO WHEELS, BREAKING BARRIERS SINDH'S FIRST FEMALE BIKE AMBULANCE SQUAD

Emergencies don't wait. But in many households, help arrives late — not because of distance, but because a woman hesitates to call, or a family delays, weighing modesty against urgency. These silences have cost lives.

Female Emergency Medical Technicians (EMTs) are not new to SIEHS; they have served on ambulances and even on mountain bikes in the past. But this year marks a first: women responders riding **Rapid Response Bike Ambulances (RRBAs)** through Karachi's busiest and congested streets of areas where conventional ambulances find it hard to navigate, reaching patients faster than ever.

When a woman EMT steps off her bike, hesitation gives way to trust:

questions are asked, symptoms are shared, and treatment begins without delay. These bikes are more than vehicles — they carry access, confidence, & lifesaving care.

Currently, the team consists of 5 female first responders. Muskan, who joined six months ago, reflects: ***"I saw this as an opportunity to be part of something that empowers women and makes a difference in the real world."*** She adds that rapid response bikes allow her team to stabilize patients quickly when every minute counts.

Since their launch, female first responders on bikes have been called upon regularly — serving not only women who may once have hesitated to seek help,

but also men across Karachi who need urgent assistance. By breaking cultural barriers and workplace norms, they are proving that skilled responders, regardless of gender, belong on the frontlines of emergency care.

This work is only beginning. With plans to scale the team to 43 female EMTs and expand to Hyderabad and Sukkur, every shift. Every ride, and every patient reached marks progress toward a healthcare system where help arrives quickly, for everyone.

The sight of women paramedics weaving through Karachi's congested streets on rapid response bikes signals more than medical progress — it signals social change. Each mission they undertake normalizes women's presence in spaces once considered off-limits.



REDEFINING RECRUITMENT SIEHS FIRST AI POWER LEAP

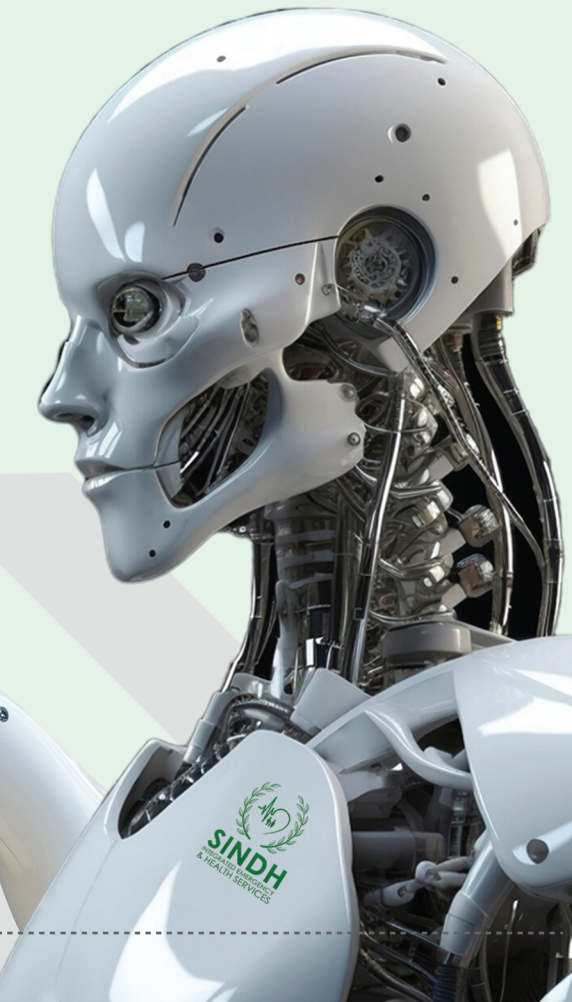
Recruitment at SIEHS has always been about more than filling jobs — it's about finding people with the heart for service. So when over **7,000 applications** arrived in our last campaign, we faced both inspiration and challenge. Inspiration, because so many wanted to join our mission. Challenge, because we needed a fair, efficient way to consider every candidate.

That's how **TALENT MATCH** came to life. Built by our IDS and P&C teams, it is the first **AI-powered tool at SIEHS**. The system compares resumes with job descriptions, highlighting each applicant's strengths, gaps, and role fit — and explains why.

For applicants, this means a more transparent process. For our teams, it saves hours of manual shortlisting and frees us to focus on people, not paperwork.

The launch marks more than an innovation in recruitment. It shows where SIEHS is headed: a future where smart tools and human judgment work together. TALENT MATCH is just the beginning — and it's a step that puts fairness and people at the center.

**FASTER
FAIRER
TRANSPARENT** >>>
SAY HELLO TO **TALENT MATCH**



HEALTHCARE EXPO 2025

A THREE-DAY WINDOW INTO THE FUTURE OF CARE

Healthcare Expo 2025 wasn't just another exhibition; it became a stage where SIEHS showed what emergency care truly looks like when systems, people, and technology come together. Over three days, more than 2,100 visitors were facilitated at the SIEHS Experience Zone, where they stepped into the ecosystem that powers pre-hospital care services across Sindh.



From ambulances lined with lifesaving tools to doctors providing real-time consultations at the Tele-Tabeeb (1123) booth, the Experience Zone went beyond display — it was action, education, and connection. In total, 275+ medical and mental health consultations were provided on site, ensuring the Expo wasn't just about showcasing care but delivering it. Visitors also met the people behind the system — EMTs, EVOs, EMDs, and doctors who make sure help doesn't wait until hospital doors open.



Leadership was central to the event. Our CEO, Brig. Tarique Quadir Lakhari, joined the leaders' panel, emphasizing what it takes to build systems that not only respond to emergencies but also save lives through preparedness and vision. That spirit of readiness came alive at the RDE stall, where visitors rolled up their sleeves to learn CPR. Under guidance of our trainers, more than 420 individuals were trained as lifesavers, each walking away with a digital certificate — a reminder that they now carry the ability to act in a critical moment.

The Experience Zone quickly became one of the liveliest areas of the Expo. Media outlets, including ARY News, PTV News, Aaj News, Times of Karachi, Metro 1 News, among others, covered our activities, carrying the message of emergency readiness far beyond the venue. Celebrity visitors such as Sahir Lodhi and Wajahat Yogi added to the buzz, drawing more people to the CPR station and ambulance displays, helping turn healthcare into a public conversation that mattered.



Over three days, the Experience Zone drew in a diverse audience. Students arrived to learn, healthcare representatives explored new ways of working together, families came to see the ambulances and equipment up close, while policymakers and NGO members joined to understand how SIEHS connects to wider community needs.

From CPR training to ISO-certified, incubator-equipped ambulances and Rapid Response Bike ambulances, SIEHS proves emergency care in Sindh isn't just promised — it's practiced, prepared, and future-ready.



MEET THE TEAM BEHIND THE MISSION

AT THE HELM OUR CEO & LEADERSHIP TEAM



BRIG. TARIQUE QUADIR LAKHIAR
SIEHS

Steering the ship with clarity, courage, and care for the people on board.



KAMRAN ZULFIQAR
COMMUNICATIONS

Not at the scene, but always on the signal, making sure the mission is heard loud & clear.



SHAIKH NADIR HUSSAIN
IDS

Behind every smooth login, there's his unseen hand.



LUTAF ALI MANGRIO
OPERATIONS

Zero excuses across all districts — that's his operating mode.



ALI AKBAR JHANDER
SUPPORT WING

The quiet engine room that somehow keeps everything running.



ELISHBA JOHN
PEOPLE & CULTURE

Turning policies into people practices and people into teams.



MUHAMMAD SAIF
FINANCE

Not just balance sheets; he balances the rest of SIEHS, too.



MAZHAR IQBAL
MEAL

Measuring impact so others don't just work hard, they work smart.



RAHU KHAN
COMMERCIAL

Where numbers meet negotiation and both walk away happy.

UP CLOSE WITH OUR AWARD-WINNING CHIEF INFORMATION & DIGITAL OFFICER (CIDO)

This quarter, the **CxO Global Awards** honoured **Shaikh Nadir Hussain**, our Chief Information & Digital Officer, for leadership and innovation in digital transformation. His recognition highlights the vision that has enabled SIEHS to deliver complex projects across Sindh — proof that our impact resonates not just locally, but globally.

We sat down with him to hear his reflections — from lifesaving technology to glitch moments, and even how he recharges when systems never sleep.



Q1. This award celebrates leadership in digital transformation. For you, what's the most rewarding part of seeing technology shape emergency care in Sindh?

The most rewarding part is seeing how our collective work directly translates into saving lives. In emergency care, seconds matter, and when technology helps us shave even a few off, it can mean the difference between life and loss.

From dispatch systems that speed response times, to platforms linking paramedics with doctors in real time, to dashboards that flag a crisis before it unfolds, these aren't just efficiencies; they're lifelines. That's why, to me, it's no longer "tech"; it's hope made tangible, and that's what keeps me motivated every single day.

Q2. Every project has its "glitch moment." Is there one from your journey that makes you smile now when you look back?

Absolutely, IT projects and glitches go hand in hand. At the time, it felt like a disaster, but now it makes me smile. It taught me

two things: always check the small details, and that leading a diverse team means handling surprises with patience and sometimes humour. Technology evolves quickly, and glitches become lessons if you're willing to adapt.

Q3. You're building systems that never sleep. How do you personally recharge when the work itself is 24/7?

I recharge by disconnecting to reconnect through time with family, unhurried morning walks, or books outside my field. These pauses give me clarity and perspective that constant work never could. Leadership isn't about endless push; it's about knowing when to step back, restore, and return sharper. That balance fuels both creativity and resilience.

Q4. If you had to describe SIEHS' digital journey as a metaphor—a road trip, a puzzle, maybe even a video game—what would it be and why?

It's a marathon relay. Building infrastructure, training teams, deploying systems—each phase feels like passing the baton.

Progress depends not on speed alone, but trust, coordination, and persistence. There are moments of fatigue, but also bursts of energy when you see real impact: faster responses, more confident staff, patients receiving timely care. Every lap, no matter how small, brings us closer to a resilient health ecosystem that can serve everyone, anytime.

Q5. What advice would you give to young professionals who want to use their tech skills for real-world impact rather than just chasing industry buzzwords?

Start by listening before you build. True impact begins with empathy—understanding the realities of the people you want to serve. It's not about chasing trends, but solving problems that matter on the ground.

That takes curiosity to learn continuously, and humility to co-create solutions rather than impose them. Success isn't measured by accolades or project counts; it's measured by the difference you make, the trust you build, and the improvements that last long after the spotlight moves on.

CELEBRATING 78 YEARS OF RISING. REBUILDING. RESPONDING.

At SIEHS, Independence Day wasn't just about flags and parades — it was about remembering who we are as a team: present, united, and proud to serve.



This year carried a deeper weight. As Pakistan marked 78 years of independence, the national mood was shaped not only by celebration but also by reflection. With heightened India-Pakistan tensions and the echoes of the ongoing Marka-e-Haq narrative, the meaning of resilience, unity, and preparedness felt sharper than ever. For us, it was a chance to show that true independence is measured not only in sovereignty but also in how we serve, protect, and empower our people.



The highlight of the day was at Head Office, where — thanks to the collaborative efforts of various teams, SIEHS celebrated 14th August on its largest scale yet. The parking lot came alive with flags, performances, and a buzz of excitement. Kiran and Agha led the day's programme with energy, while Steve's original 14th August song added a personal touch. A spirited quiz tested knowledge & teamwork, weaving camaraderie into celebration. Even though our CEO was away, his heartfelt message reached us, a reminder that leadership may travel, but connection does not pause.



Across Sindh, the spirit of the day was equally strong. In Karachi's Ancholi, colleagues stood tall at the Deputy Commissioner Central's flag ceremony. A quiet tribute was paid at Quaid-e-Azam's Mazaar, honoring the founder's vision. The Azadi Marathon 2025 saw SIEHS colleagues running shoulder-to-shoulder with the community proving that resilience isn't confined to ambulances, but lives in the people too.

Teams in Thatta went live on Aaj

News with Mission Azadi, using the platform to raise awareness on emergency preparedness — framing it as a true marker of independence. In Sukkur, a vibrant flag march at Sukkur Chowk, covered by KTN, turned heads and hearts alike. Jamshoro's team balanced their ceremony with readiness, showing that even on national holidays, duty does not wait.



From Karachi to Thatta, Sukkur to Jamshoro, one thread tied everything together: the pride of being SIEHS. It was a day of celebration, remembrance, and renewed resolve — a reminder that while independence was won 78 years ago, it is safeguarded every day through courage, service, and unity.



EXTENDING HOPE & HEALTH THROUGH TELE-TABEEB

At SIEHS, not every lifesaver wears a reflective jacket or speeds through traffic. Some sit behind a phone line, offering guidance, comfort, and medical advice when it's needed most. That's Tele-Tabeeb 1123 — our team of doctors and counselors who provide free consultations, ensuring care reaches people even before they step into a hospital.

Their role doesn't stop with the public. At Head Office too, Tele-Tabeeb is part of daily life — stepping in during sudden medical concerns, offering reassurance, and making sure colleagues feel supported. And just as they steady us in the workplace, they also walk alongside callers facing deeper struggles — from anxiety and grief to moments of crisis — proving that saving lives can also mean listening, counseling, and helping someone find their way back to hope.

The stories that follow open a window into this quiet but powerful work — showing how, with patience and compassion, Tele-Tabeeb helps turn moments of fear into pathways of healing.



A CALL FOR HELP A PATH TOWARDS HEALING

Tele-Tabeeb 1123: Dr. Ifrah's Role in Guiding a Young Woman from Crisis to Clarity

She was only 24, but when she dialed 1123, her voice carried the weight of someone twice her age. On the surface, she was doing fine—meeting friends, showing up at work. Inside, she was unraveling. Hopelessness lingered in every thought, and the idea of ending her life felt less like a fear and more like an option.

That call reached Dr. Ifrah, Counseling Officer at Tele-Tabeeb. She remembers noticing how the young woman's struggles weren't just about the present. They carried echoes of her past: a strict father, a mother who leaned too heavily on her, and a childhood where she had been more caretaker than child.

Those old patterns had followed her into adulthood, shaping how she related, how she fought, and how she broke down.

The first step wasn't therapy—it was trust. Over twelve sessions, Dr. Ifrah slowly helped her find steadiness. Some days it was about untangling harsh self-beliefs through CBT. Other days it meant giving her tools to calm her emotions before they tipped into self-harm. At times, it was just about connecting the dots—helping her see that her pain wasn't weakness, but the aftermath of burdens she should never have carried alone.

Little by little, things shifted. She started journaling. She set boundaries she had never dared to set. She tracked her moods and learned her triggers. Most

importantly, the thoughts that once held her hostage—of giving up entirely—lost their grip.

By the end of therapy, she was back in her classes, studying for exams and reconnecting with friends. She hadn't erased her past, but she had found a way to live beyond it.

Reflecting on the journey, Dr. Ifrah put it simply:

"When she first called, she felt powerless. By the end, she wasn't just surviving—she was choosing how to live."

One call had changed everything. That's the heart of Tele-Tabeeb: proving that help can start quietly, with a voice on the other end of the line, reminding us that no struggle has to be faced alone.

WHEN QUIET BECOMES COURAGE BLS AT DEAF REACH SCHOOL, SUKKUR

In a school where clarity lives in the eyes and hands, the SIEHS regional team taught Basic Life Support in a language made for action: crisp visuals, clean steps, and real practice until confidence clicked. Students and teachers learned to recognize an unresponsive moment, call 1122 with precision, maintain chest compressions at a reliable rhythm, relieve choking without hesitation, and understand what an AED instructs—and what it prohibits. Roles formed naturally: caller, compressor, AED helper so the response felt choreographed rather than chaotic.

The room's energy shifted from "I hope someone

helps" to "I know how to help," a quiet courage settling over the class as movements became steady and purposeful. Cue cards will stay on walls, a small response group will keep drills warm, and families will hear a new certainty at home.

This is pre-hospital care at its most local and most powerful: skills living in ordinary hands, ready for extraordinary seconds. In Sukkur, readiness doesn't wait for sirens; it starts in a classroom where silence carries strength and where a community has learned that the difference between loss and life can be the confidence to begin.



FROM SPECTATORS TO RESPONDERS THATTA'S ICU ON WHEELS EXPERIENCE

For years, an ambulance in Thatta meant sirens and distance. Recently, the SIEHS regional team turned that distance into understanding by inviting residents inside an "ICU on Wheels." People moved through the vehicle like a backstage tour of lifesaving: oxygen lines humming, spine boards ready, suction units primed, the AED waiting for a decisive push.

The team translated equipment into action—how to call 1122 without panic, give landmarks that cut minutes, steady a bleeding wound, and position someone safely until help takes over—so the mystery of emergency care became a simple,

doable sequence. You could see the shift: uncertainty replaced by quiet, informed confidence; the ambulance reframed from something that speeds past to something the community can activate and support.

Maps were mentally redrawn—shortest access alleys, clear handover spots, voices prepared with the right words. No drama, no fluff—just a town learning how the first five minutes can tilt the outcome. By opening its doors, SIEHS 1122 opened a mindset: in Thatta, pre-hospital care now starts where people stand, and the chain of survival begins the moment someone decides to act.

TRANSFORMING WORK, EMPOWERING PEOPLE

At SIEHS, digitization isn't just about speed—it's about shaping an organization that's dynamic, transparent, and deeply human. Two recent innovations from our People & Culture team highlight this direction.

The first is Performance Appraisal Automation. By replacing paperwork with a streamlined digital process, evaluations are now timely, fair, and rooted in meaningful feedback. It's not just about efficiency—it's about ensuring every individual feels seen, valued, and supported in their growth.

The second is the P&C Policy & SOPs Chatbot. Designed to give instant, reliable access to policies and procedures, the chatbot empowers employees with clarity at any hour. For those working in critical roles, often beyond a 9-to-5 rhythm, this means less guesswork and more confidence.

Together, these tools speak to something larger: an evolving organization that cares for its people, invests in their wellbeing, and removes friction so energy can flow where it matters most—delivering healthcare with impact.



KARACHI'S HEARTBEAT JUST GOT STRONGER AND IT'S RIDING WIRELESS

The Rapid Response Bike Ambulance (RRBA) has long stood as a symbol of swift, street-level care in Karachi—cutting through congestion to deliver emergency aid where traditional ambulances cannot. Now, SIEHS has propelled this vital service into its next frontier: wireless-enabled communication.

Ten RRBA units have been upgraded with VHF wireless systems, transforming them into fully connected mobile care platforms. Riders are equipped with Bluetooth headsets and PTT rings, enabling seamless, hands-free coordination with the Command & Control Centre while navigating the city's unpredictable terrain. This isn't just a technical enhancement—it's a strategic evolution.

Our teams are actively monitoring the system's effectiveness and usability, ensuring that every dispatch, every transmission, and every intervention is grounded in real-time intelligence. This feedback loop is essential—not only for operational

performance but also for public trust.

In alleyways, intersections, and underserved zones, these bikes are no longer just fast—they're smart, responsive, and deeply human.



A LIFE SAVED A FATHER'S HOPE RESTORED

Mirpurkhas to Hyderabad: A Neonatal Transfer That Mattered

On 11 July, a call came through to the Mirpurkhas Command and Control Centre. It wasn't just another emergency; it was a father's last thread of hope. His premature newborn needed to be transferred from Old DHQ Mirpurkhas to CLF Hyderabad — a journey that felt impossibly long without the right support.

EMT Fahad Raza and EVO Murtaza, responded. Fahad quickly realized the baby would not survive the journey without an incubator. Instead of pushing on, he doubled back to the station, secured one, and returned to stabilize the newborn before setting off again.

For the father, Mr. Ram Chand, the sight of his baby inside the incubator was almost too much to take in. Having lost three premature children before, he whispered through tears to his family:

"My baby is inside an incubator machine — 1122 has it. Look how peacefully the baby is resting inside, as if in a mother's womb."

With Fahad keeping constant watch and Murtaza ensuring a steady drive, the journey that began in fear ended in relief. At CLF Hyderabad, the doctors' first words

"Alhamdulillah, your baby is safe."

carried more weight than medicine alone. They stitched together a father's faith, a team's skill, and a moment of shared humanity.

Stories like this remind us what SIEHS truly means on the ground. Behind every statistic are fragile lives, fragile hearts — and the teams who carry both with courage.



A DOUBLE BUNDLE OF JOY ON THE ROAD

A routine transfer from DHQ Matiari to Civil Hospital Hyderabad turned into an unforgettable moment when, near Hatri Bypass, the mother went into active labor. Inside HOPE, twins — a boy and a girl were safely delivered with the support of the Matiari Station team.

Both newborns and their mother were later shifted in stable condition to Civil Hospital Hyderabad for further care — a journey that transformed an ambulance ride into a story of hope and new beginnings.



KARACHI IN THE RAINS

INSIDE THE RESPONSE

On 19 August, Karachi was brought to its knees. Monsoon skies opened without mercy, turning streets into rivers and neighborhoods into islands. Vehicles floated, power lines sparked, and entire families were stranded in rising water. While much of the city stood helpless, one service was already in motion — SIEHS 1122, Karachi's 24/7 lifeline.

Stations on Overdrive

SIEHS is always on the road, every hour of every day. But during the August rains, that constant presence was pushed to its limits. From Ancholi in District Central to Baldia in Kemari, and across Malir and Bin Qasim, over 100 ambulances were deployed in the field simultaneously. Shifts overlapped as EMTs stayed on duty long past their hours, refusing to step back.

Command & Control

At the Command & Control Centre, the work was relentless. Call-takers moved into back-to-back shifts, the third of the day, their screens glowing with new emergencies pouring in from every corner of Karachi.

But C&C was more than just a call room — it was the city's nerve centre. Every ambulance and heavy rescue unit was tracked in real time, with dispatchers directing movements like an air-traffic control tower guiding planes through a storm. When ambulances stalled in waist-deep water or multiple patients called from the same flooded block, it was C&C that made the call: who needed backup, which route to divert, and where the next critical patient had to be reached first.

Inside the Incident group, updates continued steadily — even with chaos unfolding outside, the team kept informing one another as always and extending help wherever it was needed.



Beyond internal coordination, the Centre worked in close coordination with PDMA, KMC, and the Chief Minister's Rain Emergency Cell — helping align updates so support could reach Karachi's hardest-hit neighborhoods without delay.

By the end of the day, nearly 10,000 calls had flooded the system, and in response SIEHS mounted hundreds of interventions. Operators who should have clocked out hours earlier stayed on, determined that no voice on the line would go unanswered. The pressure never dipped, but the line never went dark.

When Buildings Fell

The rains didn't only flood the streets — they tore at the city's foundations. A section of the Barrack building opposite the Sindh Assembly suffered a structural collapse, trapping victims inside. Within minutes, our frontline heroes were on site. Waist-deep in water and shifting debris, they stabilised and pulled survivors from under concrete slabs. Where Karachi's structures failed, SIEHS held the line.

On the Streets, Above and Beyond

- In Baldia, crews carried patients down pitch-black

stairwells after power outages, one careful step at a time.

- Across Gulshan, Defence, Clifton, and Shahrah-e-Faisal, ambulances rerouted in real time, leapfrogging flooded stretches to keep response times alive.

- The entire Fleet Team was on the field — engines cutting through waterlogged lanes & narrow gullies, ensuring no neighborhood was left without cover.

- Across Karachi's main arteries, EMTs & EVOs stepped out of their vehicles to push stuck cars, guide stranded bikers, and clear the way for trapped commuters.

Through every neighborhood, drenched paramedics became the only bridge between crisis and care.

Standing With the Teams

Director of Operations, Lutaf Ali Mangrio, visited Bin Qasim station during the peak of the crisis, not to direct but to appreciate the exhausted teams who had been on their feet since dawn. His presence was a reminder that their sacrifice was seen. One frontline medic said it plainly:

"The city may have paused, but our patients couldn't. We had to keep moving."



FROM COLLAPSE TO CALM: SAVING A LIFE IN KORANGI

In 36B Korangi, panic spread when a man suddenly collapsed. Family members feared it was a heart attack and braced for the worst.

When our first responders arrived, their training quickly steered the response. A rapid assessment showed it wasn't cardiac arrest, but severe hypoglycaemia, with blood sugar at 27. The team acted immediately, administering treatment on the spot. Within



minutes, the patient stirred, colour returning to his face as his vitals stabilised.

The family watched in disbelief, what began in despair ended in relief and gratitude. For the community, it was another reminder of how SIEHS-1122 responders combine speed, training, and care to bring life back where it nearly slipped away.

FLATLINE TO LIFELINE

CPR INSIDE A SIEHS AMBULANCE REVIVES 52-YEAR-OLD

It happened in a blur. Recently, a group of panicked men rushed toward an SIEHS ambulance stationed at its take-off point near Nisar Shaheed Park, cradling an unconscious colleague in their arms. The man — 52-year-old Ali Asghar — had collapsed moments earlier. No pulse. No signs of life. But what followed was a rare moment of precision and purpose. Without a second's delay, the KH-224 crew initiated CPR, administered epinephrine, and delivered a single AED shock. For 13 relentless minutes, they

fought to bring him back — until 09:31 hours, when a pulse returned. A man who arrived with no heartbeat left the ambulance alive.

This wasn't a routine emergency. It was a powerful reminder of how fragile life is — and how vital it is to have the right help within reach. SIEHS 1122, with a fleet of state-of-the-art ambulances stationed across Sindh, is designed for moments exactly like this. Over 100,000 cardiac emergencies have been handled

since inception, with more than 30 managed each day. These ambulances don't just carry 29 life-saving devices and essential drugs — they carry trained professionals who know how to fight for life when seconds are slipping away. What happened that morning near Nisar Shaheed Park wasn't just a save. It was a testament to why access, readiness, and expertise still matter — and how one parked ambulance became the difference between loss and survival.

part of the promise.

This simple yet profound act reflects what defines SIEHS-1122 compassion with integrity in action. Every day, across Sindh, our people go beyond protocols showing care, respect, humanity, and the honesty that anchors public trust. This is who we are at SIEHS.

accident site. Containing a few thousand rupees and essential documents, it was more than just cash — items that, for many, represent their lifeline.

Mukhtiar ensured every belonging was carefully safeguarded and personally handed it over to the duty doctor, preserving the dignity of the patient.

For our teams, saving lives is the mission, but protecting dignity is

On a busy afternoon near Chadan Mori bypass in Matiari, an ambulance was dispatched to a critical traffic incident coded 29-D-2n. The call reported heavy bleeding, every second counted. Within moments, our SIEHS-1122 team was on the ground, led by EVO Ameer Bux and EMT Mukhtiar.

While administering urgent first aid and preparing the patient for safe shifting to THQ Matiari, Mukhtiar noticed a wallet at the

BREAKING FREE FROM SILENT STRUGGLES

A Tele-Counseling Journey with Dr. Mohammad Shahroz Ghauri

A trip to the market shouldn't feel like stepping into a storm, but for a 36-year-old mother of two, it did. Crowded roads, busy stalls, even short outings left her heart racing and her mind convinced that something terrible was about to happen. What most people considered ordinary had become unbearable.

For years, she managed quietly with benzodiazepines, cutting trips short and avoiding family outings. Stigma kept her silent — easier to hide the struggle than explain it.

When she finally reached out for help, she found a space without judgment. On their first call, Dr.

Mohammad Shahroz Ghauri, Senior Counseling Officer and Clinical Psychologist at Tele-Tabeeb, helped put a name to what she had been enduring: Panic Disorder with Agoraphobia. For her, it was the first time someone explained that the fear and avoidance had a cause and, more importantly, that it could be treated.

Across six structured sessions, Dr. Shahroz guided her step by step. Together, they unpacked how avoidance deepened her fear, how medication alone couldn't carry her forever, and how small, gradual steps could slowly rebuild her confidence. She practiced grounding exercises when panic rose, challenged the catastrophic thoughts that once dictated her days, and ventured back into

markets, at first briefly, then with growing courage.

The change was clear. Her wellbeing score doubled from 36 to 72. She began managing outings without medication, talking openly to her husband about her struggle, and for the first time in years, walked into a psychiatrist's office with him ready to continue her healing journey with hope instead of fear.

Her recovery wasn't about erasing the struggle but about learning to live beyond it. And it began with one diagnosis, one conversation, one call answered. That's the quiet strength of Tele-Tabeeb turning silent battles into shared journeys toward healing.

GRIEF, HEALING AND HOPE

Tele-Tabeeb: Light at the other side of the tunnel

Two days before his wedding, a 26-year-old life turned upside down. The woman he was about to marry — his fiancée, cousin, & childhood companion — passed away suddenly. In a moment, his future dissolved into grief. He locked himself away in a dark room, cut ties with family, left work behind, and spoke of wanting to die — not out of impulse, but from a longing to join her.

In that silence, he reached for a lifeline: Tele-Tabeeb 1123. On the other end was Counseling Officer Kiran, whose calm voice became the anchor he needed. "Our first goal was to make him feel safe and heard," she recalls. "He carried immense guilt and couldn't imagine a future beyond

his loss — so we took it one step at a time."

Kiran worked with him through a structured but compassionate approach:

■ **Grief Counseling** gave him space to process the loss without judgment.

■ **Supportive Psychotherapy** created a safe outlet for thoughts he hadn't voiced to anyone.

■ **Cognitive-Behavioral Techniques** gently helped him challenge the guilt weighing him down.

Progress was slow but steady. He reopened his business, returned to the gym, and reconnected with his parents. Each milestone — no matter how small — was proof

that healing was possible. Eventually, the man who once felt life had ended found himself able to imagine new beginnings. In gratitude, he even invited Kiran to his wedding — a gesture that spoke volumes of the trust built through their journey.

Kiran, keeping professional boundaries, did not attend. But for her and for us at SIEHS, the true moment of honor was knowing he made it there at all.

This story reminds us that grief doesn't have to be endured alone. And it shows how, through Tele-Tabeeb, healing can begin with something as simple as answering a call.

WHEN THE RAINS TESTED KARACHI SIEHS STOOD TOGETHER

That August afternoon, Karachi turned itself into a water park. Streets became rivers, cars bobbed like boats, and getting home felt like a survival challenge. While SIEHS ambulances and Rapid Response Bikes were out saving lives in the flooded city, guiding stranded vehicles and reaching patients through waist-deep water, another story was unfolding inside the Head Office — colleagues helping each other through a night the city won't forget.

Saad & Rahu's Marathon Commute

At 3:30 p.m., Saad Bhutto drove into rising water on Shaheed-e-Millat Road, sending updates to the CEO and filming children stranded on a Suzuki. He hesitated at the Bacha Party turn—until Commercial Manager Rahu, right behind him, called: "Take the left."

What followed was a five-hour crawl of flooded lanes and endless U-turns. They finally paused at Rescue 1122 Headquarters for tea and pakoras, checked in with the Command & Control Centre, then split: Saad via Sohrab Goth, Rahu via Millennium — both home after dark, exhausted but safe.

The Dalmia Crew's Rain Staycation

Meanwhile, Nimrah, Ifrah, Maria, Momina, and Tehreem were caught in Dalmia's infamous gridlock. By 9:30 p.m., home was out of reach. They turned back to their "second home" — SIEHS Head Office. Dinner, coffee, and familiar walls turned frustration into an unexpected stayover. They finally made it home post-midnight, tired but grateful for the safety net.



Dr. Ifrah's Six-Hour Ride

"Cars were arranged for us to leave safely," Dr. Ifrah recalls. "But six hours later, I was still stuck. The office kept calling, making sure we were okay. When we came back, there was coffee, dinner, and even a place to rest. What could've been panic turned into a night I'll always remember."

Quiet Heroes

Heads of Departments checked in constantly, the People & Culture team sent advisories for employees and their families, and some stayed till morning. Sameer left only at 5 a.m., laughing about it today. One colleague — who prefers to remain unnamed wrapped laptops, helped colleagues restart bikes, and only left once everyone else was safe.

That night, Karachi was drowning. But while ambulances pulled people to safety outside, colleagues inside looked out for each other. The rains tested the city and showed once again that SIEHS stands together, in every storm.



CALM IN THE CHAOS: A RESCUE ON BUCHERO ROAD

On 2 August 2025, at 4:05 PM, a call rang in from Buchero Road near Shaheed Benazirabad. A man was down, bleeding heavily from his hand and foot, while a small crowd hovered — worried but unsure of what to do next. Within minutes, ambulance arrived. EMT Sarfaraz Ahmed and EVO Aijaz Gul Shahani stepped out with practiced calm, turning fear into action.

Sarfaraz quickly assessed the man's condition, lifted him gently into the ambulance, and began controlling the bleeding with bandages and direct pressure. Inside, his hands moved with precision while his eyes stayed fixed on the patient's pulse and blood pressure. Outside, Aijaz guided the ambulance through the evening traffic, steady and focused, making sure every bump was softened for the injured passenger.

By the time they reached the hospital, the man was no longer just an emergency — he was stable, safe, and given another chance to heal.



For him, it was relief. For the crowd, it was reassurance. And for us, it's a reminder of what SIEHS stands for: quiet skill, steady courage, and care that often goes unseen but never goes unfelt.

A RACE AGAINST TIME A CHILD'S JOURNEY FROM SEHWAN TO HYDERABAD

It began with urgency: a 6-year-old child on ventilator support needed to be moved from Sehwan to KKF Hospital, Hyderabad. The condition was critical, the journey long, and every moment carried risk.

On board that day was Emergency Medical Attendant (EMA) Aneela, steady and focused. Inside the ambulance, she monitored the child's vitals, adjusted the ventilator, and managed each fragile step of the transfer. Outside, the road



stretched on — but the team's attention never wavered.

By the time the ambulance reached Hyderabad, the child was stable—a moment of relief for the family and a reminder to Aneela of the power of skill, calm, and determination.

These stories don't always make headlines, but they define who we are. At SIEHS, every safe arrival is more than a transfer it is a promise kept to the communities we serve.

A NEW CHAPTER IN NEONATAL CARE AT JAMSHORO

On 25 July 2025, a milestone moment unfolded at Liaquat University Hospital, Jamshoro. The Chief Minister of Sindh, Mr. Syed Murad Ali Shah, inaugurated the new Neonatal Ward (Mother & Child Health Centre) — a space built to give the most fragile lives a stronger start.

The Sindh Institute of Child & Neonatology (SICHN) organised the ceremony, which brought leaders committed to healthier communities. Among them were the Ambassador of Japan, Provincial Health Minister Dr. Azra Fazal Pechuho, and other dignitaries. Representing SIEHS was our CEO, Brig. Tarique Qadir Lakhia, whose

presence reaffirmed our commitment to supporting healthcare that touches lives at their very beginning.

This ward is more than a building; it is a promise. A promise that newborns in Sindh will have access to advanced care, that mothers will find the support they need, and that every birth will have a better chance of becoming a story of survival and hope.

For SIEHS, being part of this moment reflects what we stand for: not only responding to emergencies, but also strengthening the very foundations of healthcare across the province.



SWIFT COURAGE IN THE FACE OF TRAGEDY

SIEHS 1122 Thatta Team Responds to Major Road Accident

In the early hours of 20 July, the Thatta-Gujjo Road lay shrouded in rain and darkness. A bus carrying families from Orangi Town to Keenjhar Lake had overturned at high speed. The first call to the SIEHS 1122 Thatta Command Centre, logged at 4:52 AM, mentioned only a “major accident near Makli-Gujjo” and six casualties. No one yet knew the true scale of what awaited.



Four ambulances were dispatched immediately. Battling poor visibility and sheets of rain, the teams reached the site near Pir Muhammad Ali Shah's shrine and stepped into devastation. The bus lay twisted, passengers trapped inside. Some cried out for help, others were silent. Six lives had already been lost.

The EMTs and EVOs worked with steady urgency: freeing the trapped, stemming bleeding, lifting the injured from the wreckage. Their voices cut through the chaos, calming those in shock, guiding terrified families. Each movement carried both speed and care, because here every second mattered.

Amid the wreckage, small acts of humanity stood out: a hand on a shoulder to quiet panic, words of comfort to grieving relatives, reassurance whispered to children trembling in the rain. Even as water soaked their uniforms, the team's focus never faltered.



With support from Assistant Commissioner Thatta Shakir Faheem and DSP Thatta, the rescue became an organised effort. By dawn, twelve injured passengers were on their way to Civil Hospital Makli — alive, stable, and given another chance.

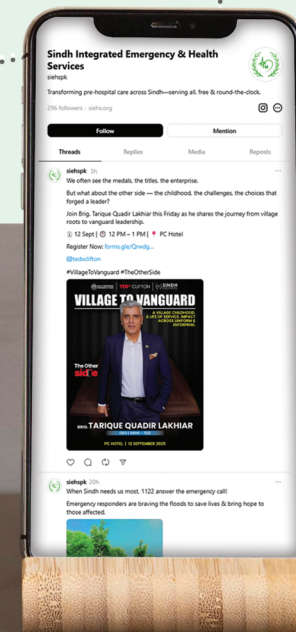
Six lives could not be saved. But twelve families did not lose their loved ones that morning. And that difference, measured in courage, coordination and compassion, is what the Thatta team carried home.

WE'RE NOW ON THREADS BECAUSE IMPACT DESERVES VISIBILITY

SIEHS has never been just an emergency service. It's a movement—of care, of coordination, of public trust. And as the world of communication evolves, so must the ways we show up.

We've joined Threads to expand our reach. Not for visibility alone, but for presence. For connection. For storytelling that reflects the full scope of who we are—from the field to the boardroom, from policy to public engagement. Threads offers us a space to be felt in real time. To share not just what we do, but why it matters. To engage with audiences who expect clarity, compassion, and credibility.

This is SIEHS stepping forward—digitally, strategically, and unapologetically. Because our mission isn't static. It's alive. And it deserves to be part of the evolving conversation.



THE LIFE LINE BEFORE THE FLOOD INSIDE SIEHS' EARLY RESPONSE PLAN

When the skies turned heavy and Sindh braced for floods, SIEHS didn't wait for the waters to rise — the response began the moment **PDMA issued flood alert notifications**.



At once, the **Central Command & Control (CCC)** went on high alert. Often described as the “brain” of the organisation, the CCC connected directly with the Chief Minister's Office and Secretariat. Updates flowed in real time, alerts went out just as quickly, and even when mobile signals dropped, the wireless network kept communication alive — ensuring no call for help went unheard.

Across Sindh, the system was already in motion.



Ambulances were positioned at strategic points, supply chains in **Thatta, Badin, Sujawal, and Hyderabad** were stocked, and warehouses packed with medicines stood ready. More than 300 health facilities were mapped so patients would know exactly where to turn if floods struck. **District Headquarters in Mirpur, Nawabshah, and Sukkur** had received pre-arrival notifications — a clear sign that for SIEHS, preparedness is never an afterthought, but the starting line.

And when the heavy rains did come, that readiness mattered. Over 70 medical camps were set up in high-risk areas, providing treatment and first aid where it was needed most. More than 10,500 OPD consultations were delivered — 4,000+ males, 3,800+ females, and 2,700+ children across Sindh. Behind those numbers stood a fleet of 400+ ambulances, 25 Rapid Response Bikes, and 28+ specialised boat ambulances, backed by 1,600+ EMTs. Even without full-scale flooding, communities felt the impact of a system already mobilised.



Preparedness also extended beyond field response. The Communication Department used social media to share safety guidance from flood precautions to first-aid reminders and highlighted often-overlooked risks like snake bites, ensuring families knew how to respond.



What made this achievement remarkable was that it was carried out without disaster-specific funding. Every camp, every consultation, every ambulance on the road was managed within SIEHS' own budget. When resources were limited, it was commitment that carried the day.

The floods may not have come, but the rains were a reminder enough of how vital readiness is. For SIEHS, preparation is never wasted effort; it is service in action. And when the people of Sindh needed reassurance, we were already there.

300+
Health Facilities



70+
Medical Camps



10,500+
OPD Consultations



400+
Ambulances



25
Rapid Response
Bike Ambulances



28+
Specialized Boat
Ambulances



1,600+
Emergency Response
Team



LYARI 8-CHOWK IN THE RUBBLE, INTEGRITY STOOD TALL

4 July wasn't just another day on shift. The call from Lyari's 8-Chowk came in sharp, urgent, and within minutes our ambulances and bike teams were weaving through narrow lanes already choked with panic. When we arrived, the scene was chaos: walls folded into themselves, families crying out names, the kind of scene that stays with you long after you've gone home.



This wasn't a rescue that could end in a few hours. It stretched over two long days, led by Shoaib Ahmed Bhatti, who stood at the front, ensuring every protocol was in place. Electricity to the building was cut off, multiple agencies coordinated, and in that time, our teams treated more than 10 people with first aid right there on the street, giving them the chance to walk back to their families.



For 27 others, there was no walk back. Every person pulled from the rubble carried a story that ended too soon.

Crowds pressed in on every move we made, but our teams stayed — side by side with other agencies,

hauling, clearing, listening, doing whatever it took.

Among the faces was 39-year-old Daya Lal. Pulled from the rubble and rushed to the Civil Trauma ER, he didn't make it. But what followed showed the kind of commitment that doesn't make headlines.



In the middle of broken concrete and broken families, responder Shaikh Qadeer found valuables: 13 cheques worth millions, Rs. 8,000 cash, papers, and IDs. In that moment, he did what he didn't even need to think twice about — he returned everything safely to Daya Lal's brother-in-law, Naraish. Quietly, without fuss.



Acts like this rarely make noise, but they leave a mark. When a community has lost so much, returning even the smallest piece of certainty matters.

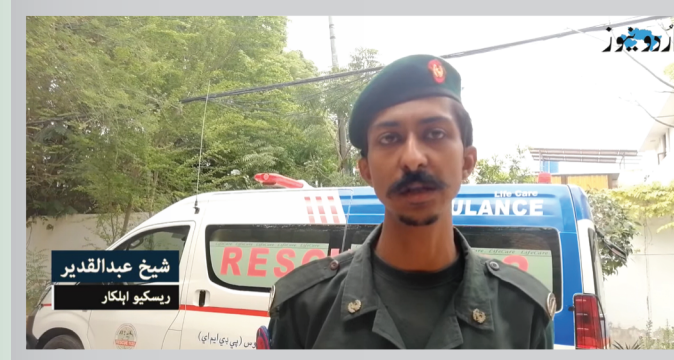
Ask Qadeer, and he'll say he was just doing his duty. Ask the family, and they'll say it meant everything. Somewhere between those two truths lies the real weight of wearing this uniform.

FEATURED & FRAMED

This quarter, our Communications Team didn't just push out messages—they orchestrated a wave of visibility that rippled across Pakistan and reached beyond its borders. With **over 60 media appearances** secured across leading national and international platforms, SIEHS wasn't merely seen—it was felt.

From honouring the integrity of our frontliners during the Lyari Building Incident, to launching Pakistan's first female bike ambulance squad; from timely coverage of our emergency response during Karachi's rains and Sindh's flood preparedness, to advancing mental health through Tele-Tabeeb; and even showcasing CPR inside a SIEHS ambulance—our presence was persistent, intentional, and unmistakably ours.

Each appearance did more than amplify our voice—it built trust. It signalled to the public, partners, and policymakers that SIEHS stands for integrity, innovation, and impact.



IN CASE YOU MISSED IT

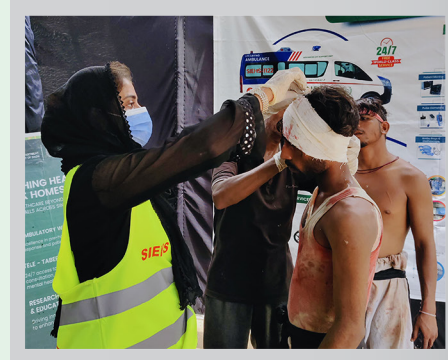
Here's everything SIEHS teams pulled off this quarter — from saving lives in the field to shaping systems across Sindh.



A Distinguished Visit by Veteran Journalist Mujahid Barelvi — Engaging conversations with the CEO & HODs and a fleet tour that reflected SIEHS's benchmark in emergency care.



Ashura 2025 — SIEHS leadership was on the ground across interior Sindh, inspecting the situation and working alongside frontliners. At Anchooli alone, more than 800 first-aid cases were managed under a Sindh-wide safety protocol to keep processions safe.



14th August Celebrations — From flags raised at Head Office to ambulance parades in Sukkur and community gatherings in Hyderabad, teams marked Independence Day in their own ways. Service to the country was celebrated in a ceremony, and in every call answered.



First Female Bike Squad — History rode in on two wheels as Sindh's first female Rapid Response Bike Squad joined the field. Widely covered in national media, their induction marked a new era of mobility, access, and visibility for women in emergencies.



Urs Mela of Shah Abdul Latif Bhitai — With thousands gathered, SIEHS-1122 ambulances and EMTs safeguarded the Urs, managing 300+ first aid cases and ensuring devotion was met with protection.



Neonatal Training in Sukkur — SIEHS and SICHN held a neonatal transport workshop at the Children Hospital, Sukkur—featuring hands-on training with incubators and portable ventilators to strengthen pre-hospital care.



Flood & Disaster Management — Ahead of seasonal floods, SIEHS-1122 mobilised over 70 medical camps, facilitated more than 10,500 OPD consultations, deployed 400+ ambulances along with bike and boat fleets, and issued public advisories ranging from flood safety to snake-bite awareness — proof that quick action saves lives.





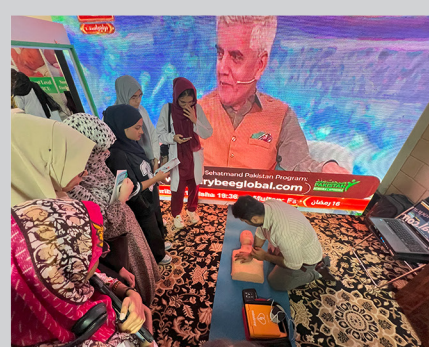
TEDxClifton 2025 — On 12 September at Pearl Continental Karachi, CEO Brig. (R) Tarique Quadir Lakhia took the TEDx stage under the theme “The Other Side.” From village roots to leading Sindh’s largest emergency system, his story of grit and growth resonated deeply — placing SIEHS-1122 among voices shaping ideas and futures.



Dr. Khalil Memon Visit — At SIEHS-1122 Head Office, Dr. Khalil Memon was briefed on our work and ongoing initiatives, toured the facility, explored the inside of an ambulance, and got a closer look at our Rapid Response Bike and Mountain Bicycle Ambulances.



CxO Global Forum Award — Shaikh Nadir Hussain, Chief Information & Digital Officer, was honoured for his outstanding Leadership and Digital Innovation, a recognition of his role in advancing technology-driven transformation at SIEHS.



Healthcare Expo 2025 — SIEHS-1122’s Experience Zone became one of the Expo’s most visited attractions: 2,100+ visitors facilitated, 275+ consultations provided, and 420+ lifesavers trained in CPR. CEO Brig. (R) Tarique Quadir Lakhia joined the main stage to share how life-saving systems are built and sustained — reminding all that readiness isn’t just infrastructure, but a commitment in motion.



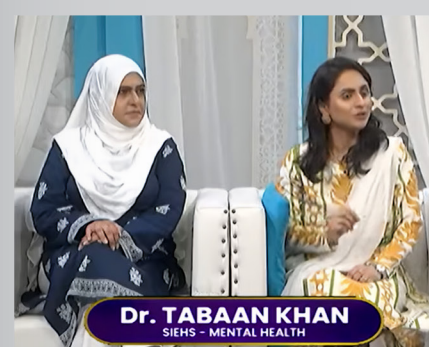
BOL News Team at SIEHS — Renowned anchors Faisal Kareem and Sadia Samson were welcomed at SIEHS Headquarters, where they explored operations, interacted with teams, and witnessed the impact of emergency healthcare delivery.



SIEHS * IHRI — Partnering with the Institute of Holistic Rehabilitation & Inclusion (IHRI), SIEHS-1122 extended its support for differently-abled individuals. At IHRI’s Gulshan campus, serving over 2,000 children, the collaboration bridged emergency medicine and lifelong rehabilitation.



SIEHS * SABS University — An MoU with SABS University of Art, Design & Heritage established a permanent ambulance point on campus, with university branding — blending creative education with emergency readiness.



Tele-Tabeeb Expands Mental Health Support — Alongside its core virtual services, Tele-Tabeeb is stepping further into mental health and counselling to reach people where they are. By joining hands with platforms such as ARY Bee Global’s Sehatmand Pakistan, it is widening its outreach and ensuring emotional as well as medical support is accessible across Sindh and beyond.



Emergency Readiness Across Sindh — SIEHS-1122 was formally acknowledged by provincial leadership for setting the benchmark in coordinated response and operational excellence — recognition earned not by claim, but by performance.



SIEHS x NUTECH — In a collaborative meeting, SIEHS and NUTECH discussed possible partnerships to enhance technology in the prehospital management matrix, with a focus on advanced technical training and innovation for faster, smarter emergency response.



SIEHS x K-Electric — Meeting with K-Electric's ESG & Sustainability team explored collaborations on safety, awareness, and community wellbeing.



WHO Delegation Visits RO Sukkur — SIEHS-1122 Regional Office Sukkur hosted a distinguished delegation led by Dr. Dapeng Luo, WHO Representative for Pakistan, along with key health officials. The team was briefed on our emergency response operations and toured various departments.



Rising Interns — 23 interns completed their program, contributing to projects, shadowing frontline teams, and leaving their curiosity and ideas as lasting inspiration.



Raising the Bar — Elishba John completed INSEAD's Alpha Program, while Yasir Memon represented SIEHS at the Advanced Digital HR Transformation & Data Analytics Masterclass 2025—together bringing global leadership and data-driven HR insights to strengthen Sindh's pre-hospital care.



Monsoon Safety — From panels at Jinnah Sindh Medical University to public advisories across Sindh, SIEHS led campaigns on monsoon readiness, reinforcing that precaution is as vital as response.



Judiciary Academy Training — Junior magistrates received Basic Life Support (BLS) and First Aid training, extending emergency skills from courtrooms to communities.



Firefighting Training — SIEHS Team underwent firefighting drills across Karachi and Hyderabad, sharpening skills in evacuation and fire control.



Deaf Reach Sukkur — At Deaf Reach School, EMT trainers adapted BLS into visual, interactive modules — ensuring deaf students and teachers could learn life-saving responses.



Comprehensive Audit Completion — For the first time, audits were carried out across all stations from Karachi to Kashmore, with detailed reports shared with the CEO to guide improvements.



MPDS Version 14 Training — All Command & Control Centre staff, including floor management, were trained on the updated dispatch system to align with international best practices.



PSEA Trainings — 15 sessions of Protection from Sexual Exploitation and Abuse were delivered, reaching 352 staff members across all regions, including the Head Office.



Commissioner Sukkur Visit — Commissioner Abid Saleem Qureshi met SIEHS team and observed live training at Sukkur Regional Office, leaving teams energised and motivated.



Khyzer Pharma Opening — At Hub City, CEO Brig. (R) Tarique Quadir Lakhia, with ZM Umair and DM Rizwan Hussain, represented SIEHS at the launch — strengthening healthcare alliances.



BLS Awareness Session at Kids University — Marking World Heart Day, SIEHS Team conducted a hands-on session teaching CPR and other life-saving basics, empowering students to act confidently in emergencies.

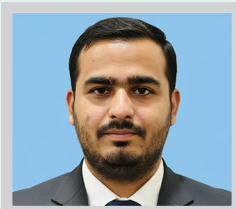
OUR EVERYDAY STARS

At the heart of every successful organisation lies the passion, commitment, and drive of its people. Each month, we celebrate and recognise those individuals who go above and beyond, setting benchmarks through their performance, attitude, and dedication to our shared mission.

JULY 2025



IFTIKHAR HUSSAIN KAZMI
COMMUNICATIONS



SAGAR KUMAR
MEAL



WAHAB ALI
FINANCE



SAJJAD HUSSAIN
PEOPLE & CULTURE



AQIB ALI
INFORMATION & DIGITAL SERVICES

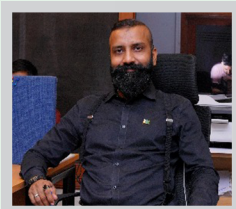
AUGUST 2025



ASIM WAHEED
INFORMATION & DIGITAL SERVICES



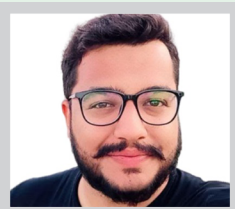
AGHA NOMAN
COMMUNICATIONS



HUMAIR YOUSUF
PEOPLE & CULTURE



HOMAYON ZAFAR
FINANCE



SANWAL QASIM
MEAL

We leave you with a Word Search as we wrap up this quarter’s newsletter.

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CCC FIREFIGHTER IDS SUKKUR TELETABEEB FEMALEEMTS
COMMUNICATIONS VEHICLES SIEHS COMMERCIAL FINANCE
OPERATIONS SINDH SUPPORTWING MOUNTAINBIKES

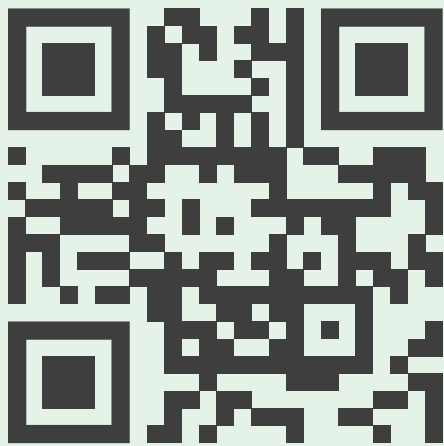
ONE SCAN FOR ALL SIEHS SOCIALS



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FOR STORIES OF CARE, HOPE & IMPACT


Scan the QR Code to follow our journey, and stay updated across all our social platforms.




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